

NO SPEND MONTH

BUDGET WORKSHEET

www.annadanigelis.com

CAN SPEND

- Rent
- Utilities / Cable
- Insurance
- Car / Gas
- Medical Expenses
- Medication
- Cleaning Supplies
- Groceries
- Necessary toiletries
- Planned Events
- Gifts for Birthdays

CAN'T SPEND

- Clothes
- Shoes
- Accessories
- Eating Out
- Coffee Out
- Electronics
- Home Decor
- Extras at Grocery Store
- Random Amazon Items
- Makeup and Skincare
- Nails / Spa Treatments

